

# New Parent Support Program (NPSP)

Sponsored by Family Advocacy, the "New Parent Support Program" is a FREE service designed to help expectant and new parents meet their challenging roles as mother, father, and family.

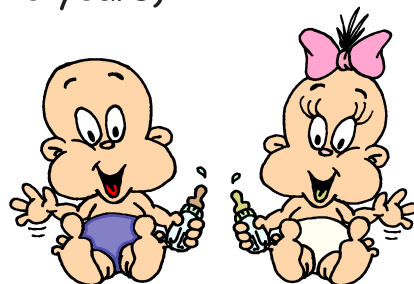


## Our commitment to you:

- Quality
- Individualized care
- Knowledgeable staff
- Timely service
- Current information and resources

## Eligibility

- ▲ Active duty military and their family members who:
- ▲ Are pregnant or new parents needing extra support
- ▲ Are single parents
- ▲ Have no local support or family to come and help
- ▲ Have a difficult-to-parent baby or toddler
- ▲ Are stressed out due to financial and/or marital issues
- ▲ Have no knowledge or experience on care of babies
- ▲ Are on frequent TDY's or a remote tour
- ▲ Are parents of a baby or toddler (ages 0-3 years), needing extra support
- ▲ Have a colicky, fussy, or high needs baby
- ▲ Are having discipline problems
- ▲ Have no knowledge or experience with this age group (0-3 years)



## PROGRAM BENEFITS



- Voluntary
- Individualized
- Home Visits by Registered Nurse
- Telephone Consultations
- Education on pregnancy and all aspects of baby and toddler care
- Free Books, Calendars, Handouts, and Video Loan Program
- Licensed Clinical Social Worker
- Basic Parenting Information
- Breast-feeding Information
- Referral to community resources